



Where Horses and Humans Thrive

DONATE TODAY

JUNE 2023

NEWSLETTER

Happy Summer, everyone!

We have so much going on this summer that I wanted to get a quick newsletter out to share with you all. With kids out of school, summer vacations and the steady pace of everyday life, we hope you all are well and *thriving*. As you can see here, Ruby is loving the return of kiddos with our Youth Summer Horse Series! There are plenty of ways to connect with us this summer; see our calendar below and join us for an upcoming event!

Ruby's Summer Calendar

June 11 - Equine Yoga Experience with 7 Stones Yoga - flyer attached

June 12 - Women Veterans Day

June 14 - Main Event Raffle Drawing - flyer attached

June 26-28 - Youth Foundational Horsemanship Summer Horse Series

July 1-31 - Movin' and Groovin' with Ruby July Fitness Challenge

July 17-19 - Youth Super Heroes Summer Horse Series

July 24-26 - Youth Summer Olympics Horse Series



OUR MISSION:

Ruby's Home for Good improves the quality of life for horses in need and promotes mutually beneficial relationships between people and horses.

Ruby's Home for Good is a 501c3 nonprofit in Magnolia, Texas

www.rubyshomeforgood.org

DID YOU KNOW?

Like humans, horses require **movement** to be healthy and well. In their natural environment, they move many miles a day to source appropriate forage, water, shelter, and more. This movement affects gut health, metabolism, physical soundness, mental wellbeing and more. On the contrary, the more sedentary a horse's life is, the more problems they have. Here at Ruby's Home for Good, Ruby and her pals live on a unique "Paddock Paradise" track system that facilitates this natural movement. We see tremendous benefits from this equine lifestyle – minimal illness and injuries, better muscle tone, weight management, socialization and contentment, and more. In fact, visitors often comment on how relaxed and engaging the horses are. Movement is key to healthy and happy living!



JULY FITNESS CHALLENGE AND FUNDRAISER

For the month of July, we are bringing awareness to the importance of physical activity and the many benefits of getting moving. **We hope you'll join us!**

You can participate by committing to your own activity goal for the month. Share your goal with friends and inspire others to get active.

We will be sharing our fitness challenge through social media – join our **FB GROUP** and we can all encourage each other. We hope to see you there!

Take it to the next level and help us raise funds for our impactful programs. We have set an ambitious goal of raising \$15,000 to serve youth, veterans, horses and the people who love them. You can ask your friends, family and neighbors to sponsor your activity for the month or make a direct contribution in honor of your efforts.

[CLICK HERE to get details on our website](#)



JUNE IS PTSD AWARENESS MONTH

Many veterans are among the 8 million adult Americans experiencing PTSD (Post Traumatic Stress Disorder). Spending time with horses can be very beneficial to those experiencing PTSD, anxiety and depression.

Participants in our Veterans Horsemanship Program experience the many benefits of our unique, partnership-based approach to connecting with these beautiful animals.

Common benefits include:

- Increased self-awareness
- Improved self-regulation
- Enhanced mindfulness
- Improved sense of wellbeing
- Enhanced critical thinking and problem solving
- Increased communication skills

If you are a veteran or know a veteran who may benefit from our program, give us a call! We'd be grateful to serve you.



RUBY IN THE NEWS!

We are honored to be Hello Woodlands' June Nonprofit of the Month. Read the interview here:

[Hello Woodlands Interview](#)



Summer
2023

Naturescape
Horse Series



**PROCEEDS BENEFIT RUBY'S HOME FOR GOOD
VETERAN HORSEMANSHIP PROGRAM**

HOOVES & HARMONY

AN EQUINE YOGA EXPERIENCE



**A 45 MINUTE OUTDOOR
YOGA SESSION NEAR THE
HORSES FOLLOWED BY A
45 MINUTE HANDS ON
EXPERIENCE
WITH THE HORSES.**



**Sunday, June 11
9-10:30 am**

\$25

REGISTRATION LINK: [7 STONES YOGA WEBSITE](#)

LET'S PLAY!

Summer Horse Series

@ RUBY'S HOME FOR GOOD

EARLY BIRD
PRICING -
REGISTER BY
JUNE 1 AND
SAVE!

\$199 → \$150

\$249 → \$200

FUN AND LEARNING WITH
HORSES, FRIENDS, AND
THE GREAT OUTDOORS

June 5-7th 830AM-11AM

Theme: Naturescape - Enjoy nature activities while learning with horses!
Ages: 6 and up Cost: \$199

June 12-14th 830AM-12PM

Theme: Fun In The Sun - Celebrate summer with water play, games and horses!
Ages: 10 and up Cost: \$249

June 26-28th 830AM-12PM

Theme: Foundational Horsemanship - Learn key skills for a safe and fun partnership!
Ages: 12 and up Cost: \$249

July 17-19th 830AM-11AM

Theme: Super Heroes - We all have super powers, even horses! Let's discover them!
Ages: 6 and up Cost: \$199

July 24th - 26th 830AM-12PM

Theme: Summer Olympics - Explore a variety of exciting equine activities!
Ages: 10 and up Cost: \$249



**REGISTER
TODAY!**



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www.rubyshomeforgood.org

Ruby's Home for Good is a 501c3 nonprofit organization in Magnolia, TX



Ruby's Home for Good
Where Horses and Humans Thrive

Raffle Contest

MAIN EVENT



BOWLING



LASER TAG



GAMES

Fun For 3 People

1 hour each: Bowling, Laser Tag, Arcades
\$300 value

\$1 each

or

\$10 for 15



Draw Date:
June 14, 2023